



DIY INFORMATION ON MOULD CLEANING & PREVENTION

Introduction to Moulds

Mould is a common problem in residential properties, especially in winter. They produce tiny spores to reproduce. Mould spores waft through the indoor and outdoor air continually. When mould spores land on a damp spot indoors, they may begin growing and digesting whatever they are growing on in order to survive. There are moulds that can grow on walls, ceilings, wood, paper, carpet, and foods. When excessive moisture or water accumulates indoors, mould growth will often occur.

There is no practical way to eliminate all mould and mould spores in the indoor environment; **the way to control indoor mould growth is to control moisture.** If the mould starts forming it needs to be cleaned **ASAP**, otherwise over time it will get worse if it remains unaddressed. Mould is unsightly, it smells and it's the third biggest source of human allergies after dustmites and pollen. Mould thrives in damp, dark and poorly ventilated areas.

Tips on Dealing with mould

- **Reduce Indoor Humidity:** vent showers and other moisture-generating sources to the outside. Control humidity levels and dampness by using air conditioners and de-humidifiers. Provide adequate ventilation to maintain indoor humidity levels. **Exhaust fans (or open the windows) whenever cooking, dishwashing, using the clothes dryer and showering / bathing.**
- Fix the immediate problem by cleaning with a bleach solution or a commercial product, such as **Exit Mould or Domestos.** Spot test first to make sure it does not bleach or damage the surface or paint and always use gloves when cleaning, for your own safety.



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- Use moisture absorber products such as **Damp Rid** to stop the mould from forming.



Damp Rid prevents mould & mildew stains by eliminating the excess moisture in the air that allows mould to grow. Damp Rid can be purchased in most supermarkets. It is a very simple and effective way to control the mould problem.

- Find the source of any moisture entering the house. Check roofs, gutters, drains and pipes for any leaks & **report it to the real estate if there is a leak.**
- Open up doors and windows on both sides of the house (whenever possible)
- Let the sunlight in, allow fresh air to circulate and reduce internal humidity.
- Wipe down windows and walls when condensation occurs, this usually occurs when the surface is cold and warm conditions are present – especially during Winter
- To get rid of musty smells, air your cupboards. If clothes or linen smell musty air them in sunlight or give them a wash.

We can not stress enough how important it is to address the mould as soon as it starts forming, otherwise over time it does get worse. So as soon as you notice that the mould is starting to form, please take action and a great way to start is by cleaning it first. Then take action to prevent it from forming again.

Although every effort has been made to ensure the accuracy of the material contained on this brochure, the contents of this brochure is for general informational purposes only.